

Seminar Dates

CHOOSE YOUR PATH TO SUCCESS NOW.
SELECT YOUR 2010 & 2011 SEMINAR DATES AND
TAKE ADVANTAGE OF OUR EARLY BIRD DISCOUNTS!

MCMT PROGRAM

PT-01: An Intensive Training on Myofascial Trigger Point and Proprioceptive Therapy
October 23-24, 2010- Astoria, NY
December 11-12, 2010-Astoria, NY
January 15-16, 2011-Ft. Lauderdale, FL
January 29-30, 2011-Astoria, NY
February 5-6, 2011- Orlando, FL
February 26-27, 2011-Dallas, TX
March 5-6, 2011- Los Angeles, CA
March 12-13, 2011- San Antonio, TX
March 26-27, 2011-Chicago, IL
April 9-10, 2011- Astoria, NY
July 9-10, 2011- Astoria, NY
August 6-7, 2011- Ft. Lauderdale, FL
September 17-18, 2011- Orlando, FL

PT-02: A Comprehensive Manual Therapy Approach for Cervical Spine Pathology
November 20-21, 2010- Astoria, NY
December 4-5, 2010- Houston, TX
February 12-13, 2011- Chicago, IL
February 26-27, 2011- Astoria, NY
March 19-20, 2011- Ft. Lauderdale, FL
April 9-10, 2011- Orlando, FL
April 9-10, 2011- San Antonio, TX
April 30-May 1, 2010- Astoria, NY
May 21-22, 2011- Dallas, TX
May 21-22, 2011- Los Angeles, CA
August 13-14, 2011- Astoria, NY
October 22-23, 2011- Astoria, NY

PT-03: A Comprehensive Manual Therapy Approach for Lumbar Spine Pathology
November 6-7, 2010-Wilmington, NC
December 18-19, 2010- Astoria, NY
March 12-13, 2011- Astoria, NY
April 16-17, 2011- Chicago, IL
April 30-May 1, 2011- Ft. Lauderdale, FL
June 4-5, 2011- Orlando, FL
June 11-12, 2011- San Antonio, TX
July 16-17, 2011- Dallas, TX
July 23-24, 2011- Los Angeles, CA
September 17-18, 2011 Astoria, NY
November 19-20, 2011-Astoria, NY

PT-04: A Comprehensive Manual Therapy Approach for Shoulder-Elbow and Hand Pathology
November 6-7, 2010- Astoria, NY
February 12-13, 2011- Astoria, NY
April 16-17, 2011- Astoria, NY
June 11-12, 2011- Chicago, IL
July 16-17, 2011- Ft. Lauderdale, FL
July 30-31, 2011- Astoria, NY
August 20-21, 2011- San Antonio, TX
August 27-28, 2011- Orlando, FL
September 10-11, 2011- Dallas, TX
September 24-25, 2011- Los Angeles, CA
October 15-16, 2011-Astoria, NY
December 17-18, 2011- Astoria, NY

PT-05: A Comprehensive Manual Therapy Approach for Hip, Knee & Foot Pathology
December 4-5, 2010- Astoria, NY
March 26-27, 2011-Astoria, NY
May 14-15, 2011- Astoria, NY
August 20-21, 2011- Chicago, IL
September 10-11, 2011-Ft. Lauderdale, FL
October 22-23, 2011- San Antonio, TX
October 29-30, 2011- Orlando, FL
November 5-6, 2011- Astoria, NY
November 19-20, 2011- Dallas, TX
December 10-11, 2011 Los Angeles, CA

PT-MCMT Mastery Certification in Manual Therapy
January 8-9, 2010- Wilmington, NC
January 22-23, 2011- Astoria, NY
January 29-30, 2010-Houston, TX
June 25-26, 2011- Astoria, NY
October 22-23, 2011- Chicago, IL
November 19-20, 2011-Ft. Lauderdale, FL
December 10-11, 2011- Dallas, TX
December 17-18, 2011- Orlando, FL
December 17-18, 2011- San Antonio, TX
January 7-8, 2012- Los Angeles, CA
January 21-22, 2012- Astoria, NY
December 17-18, 2011- Orlando, FL
December 17-18, 2011- San Antonio, TX
January 7-8, 2012- Los Angeles, CA
January 21-22, 2012- Astoria, NY

CAMT PROGRAM with Dr. Nakashima

CAMT: Cervical & Thoracic Spine
October 23-24, 2010-San Antonio, TX
October 28-29, 2010-Toledo, OH
October 30-31, 2010- New York, NY

CAMT: LumboSacral Spine
January 20-21, 2011-Toledo, OH
January 22-23, 2011- San Antonio, TX
January 29-30, 2011- New York, NY

CAMT: Upper & Lower Extremities
March 19-20, 2011- San Antonio, TX
March 21-25, 2011-Toledo, OH
March 26-27, 2011-Astoria, NY

CAMT: Fellowship with Dr. Nakashima
January 24-28, 2011-Astoria, NY
March 21-25, 2011-Astoria, NY

ELECTIVE COURSES

An Intensive Training on Central & Peripheral NeuroFascial Mobilization
TBA

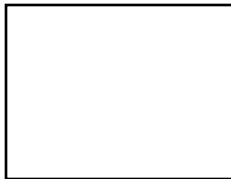
Vestibular Rehabilitation Therapy
TBA

FELLOWSHIP

2 Week Fellowship Program
March 1-11, 2011- Astoria, NY

***Approved in all states we teach. CEUs vary in each state**

LEARN AND LEAD WITH US!



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August 2010							September 2010							October 2010						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7			1	2	3	4						1	2	
8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
29	30						26	27	28	29	30			24	25	26	27	28	29	30
														31						

November 2010							December 2010							January 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8
14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15
21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22
28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29
														30	31					

February 2011							March 2011							April 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5			1	2	3	4	5						1	2
6	7	8	9	10	11	12	6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28						27	28	29	30	31			24	25	26	27	28	29	30

May 2011							June 2011							July 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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1	2	3	4	5	6	7	5	6	7	8	9	10	11	3	4	5	6	7	8	9
8	9	10	11	12	13	14	12	13	14	15	16	17	18	10	11	12	13	14	15	16
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22	23	24	25	26	27	28	26	27	28	29	30			24	25	26	27	28	29	30
29	30	31											31							

MARK YOUR DATES FOR COMPLETION OF CERTIFICATION. MAKE 2010 - 2011 YOUR YEAR OF SUCCESS!

PT-1: _____

PT-2: _____

PT-3: _____

PT-4: _____

PT-5: _____

PT-MCMT: _____

CAMT Cervical: _____

CAMT Lumbar: _____

CAMT Extremities: _____

Electives: _____

CHANGE IS NOT MERELY NECESSARY TO LIFE-IT IS LIFE

LEARN & LEAD WITH MOST CERTIFICATION



Join now the 30,000 professionals around the world who have achieved Clinical Mastery. Dimitrios Kostopoulos, PT, PhD, DSc & Konstantine Rizopoulos, PT, FABS, MCMT offer 47 years of clinical experience, solid research and the most Effective Manual Therapy techniques.



1. MYOFASCIAL TRIGGER POINT THERAPY
2. MUSCLE ENERGY TECHNIQUE
3. STRAIN AND COUNTER STRAIN
4. MOBILIZATION-MANIPULATION
5. NEURAL MOBILIZATION
6. PROPRIOCEPTIVE TRAINING



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For an unforgettable learning experience join Dr. Nakashima for a week-long Fellowship and learn from the expert while treating real patients.

KNOWING IS NOT ENOUGH, WE MUST APPLY. WILLING IS NOT ENOUGH, WE MUST DO!

THE THREE COURSES ARE:
CAMT- Cervical & Thoracic Spine
CAMT- LumboSacral Spine
CAMT - Extremities

Dr Nakashima has trained and certified via PHYSION thousands of therapists worldwide and now she exclusively teaches her concept in the US via Hands-On Seminars.

Hands-On Seminars and its Platinum Partner PHYSION are proud to introduce world renowned Manual Therapy expert Dr Ines Nakashima. Dr Nakashima is the developer of CAMT, a new and advanced Manual Therapy approach that provides revolutionary results even for the most stubborn and unresolved musculoskeletal, orthopedic and pain problems. CAMT integrates the Osteopathic Manipulation concept along with Manual Physical Therapy to create a very effective Manual Therapy approach. Dr Nakashima utilizes advanced high-velocity low amplitude (THRUST) manipulative techniques for the spine and the extremities with results seen even after one session. Learn the entire concept and become Certified in CAMT after attending three 2-day seminars and successfully completing a written and practicum exam.

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